

Amanda C. Anderson

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| Education | August 2006- May 15, 2010 | B.S. in Psychology from Marian University of Fond du Lac with minors in Business, English, and Philosophy |
| | July 2010- September 30, 2014 | M.S. in General Marriage and Family Counseling and Therapy from Capella University of Minnesota |
| | December 1, 2014 – Present | Ph.D. in General Family Therapy from Northcentral University of Arizona |
| Licenses | March 21, 2006 | Licensed co-owner of Anderson Automotive, LLC |
| | November 10, 2014 - January 18, 2021 | Wisconsin Training License #435-228 |
| | December 28, 2016 | Licensed owner of Oshkosh Marriage and Family Therapy Center, LLC |
| | January 19, 2021 - present | Wisconsin Clinical License #1359-124 |
| Professional Experience | March 2006 - Present | Co-owner of Anderson Automotive LLC, Oshkosh |
| | December 2016 – Present | Owner of Oshkosh Marriage and Family Therapy Center, LLC |
| | January 1, 2020 – March 29, 2020 | MFT Supervision Course (MFT8970) through Northcentral University of Arizona |
| Practicum/Internships | July 8, 2013 - September 13, 2013 | Practicum training for Master’s Program at Kimberley Welk and Associates, llc |
| | October 7, 2013 - September 19, 2014 | Internships I, II, III, IV training for Master’s Program at Kimberley Welk and Associates, llc |
| | June 3, 2019 - August 25, 2019 | Practicum training for Doctoral Program at Oshkosh Marriage and Family Therapy Center, LLC |
| | September 9, 2019 - present | Internship I training for Doctoral Program at Oshkosh Marriage and Family Therapy Center, LLC |
| Clinical Experience | September 20, 2013 - April 21, 2015 | Training Licensed Therapist at Kimberley Welk and Associates, llc |
| | March 15, 2017 - January 18, 2021 | Training Licensed Therapist at Oshkosh Marriage and Family Therapy Center, LLC |
| | January 19, 2021 - Present | Clinical Licensed Therapist at Oshkosh Marriage and Family Therapy Center, LLC |
| Related Experience | June 21, 2013 | DSM 5 Training Webinar by Diane Gehart and Tracy Todd |
| | October 18, 2013 | WAMFT Fall Ethic Conference featuring Gary Robbins “Collaborative Ethical Decision-Making: Bringing an Ethical Dilemma to your Colleague” |
| | April 2014 | PREPARE/ENRICH Facilitator for Couples and Group |

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| April 7, 2014 | WAMFT Spring Family Conference featuring Evan Imber-Black "Will Talking Make It Worse? Creating Family Conversations in the Context of Chronic & Life-Shortening Illness" |
| June 27, 2014 | WAMFT Summer Couples Conference featuring Joshua Lipps & Jason Nicol "Triggered: Utilizing PET-C and Interpersonal Neurobiology to Enhance Couples Therapy Interventions" |
| October 16-19, 2014 | AAMFT National Conference: Integrating Neuroscience and Family Systems in Anxiety - Glenn Veenstra Understanding and Motivating Gen Ys - Karyn Gordon SFBT with Adult LGBTQ Populations - Marc Coulter & Thorana Nelson Co-Creating Compelling Future Realities with High-Risk Adolescents - Matthew Selekman Steve de Shazer and Insoo Kim Berg: Storied Reflections About Genuine Pioneers - Michael Durrant & Michele Weiner-Davis Milton Erickson's Influence on Marriage and Family Therapy - Dale Bertram, Michael Rankin & John Lent Defining Sex-Positivity for Your Practice and Your Clients - Ruth Neustifter, Lisa Powell & Maria Tetro Dyadic Developmental Psychotherapy for Therapeutic Parenting - Amber LeFevour |
| November 21, 2014 | WAMFT Fall Ethics Conference featuring Mark Hirschmann "Confidentiality in the Digital Age: Maintaining the Boundaries of Professional Information" |
| April 19-20, 2015 | WAMFT Spring Family Conference: Student Presentations Workshop National Exam Prep Workshop "Creative Family Therapy Techniques" featuring Liana Lowenstien |
| March 18, 2017 | WAMFT Spring Conference featuring Dr. Dana Stone "Meaningfully Engaging Multiracial Individuals, Couples, and Families in Therapy - Brief Workshop Overview" |
| April 25, 2018 | WAMFT Spring Conference: "Emerging Family Dynamics in Sudden Deaths vs. Longer Dying Process Trajectories" - (Breakout Session) Jo Ann Brown "High Conflict Families . . . and Your Day in Court" - (Keynote) Dr. David Martindale |
| September 22, 2018 | 2018 WAMFT Summer Ethics Webinar featuring Dale E. Bertram "Principles of Marriage and Family Therapy Ethics" |
| March 9, 2019 | 2019 WAMFT March Webinar: Working with Video Gamers & Games in Therapy: Part 1 featuring Dr. Anthony Bean |
| March 10, 2019 | 2019 WAMFT March Webinar: Working with Video Gamers & Games in Therapy: Part 2 featuring Dr. Anthony Bean |

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| July 19, 2019 | 2019 WAMFT July Webinar: Evidence-Based Clinical Practice: The Five Core Skills: Part 1 featuring Dr. Lee Williams |
| July 26, 2019 | 2019 WAMFT July Webinar: Evidence-Based Clinical Practice: The Five Core Skills: Part 2 featuring Dr. Lee Williams |
| August 23-25, 2019 | EMDR Weekend 1 Training |
| October 19, 2019 | 2019 WAMFT October Conference "Art and Science in Action: High Impact Couples Therapy Using the Developmental Model" – (Keynote) Martha Kauppi "Models and Today's Systemic Practice" – (Breakout) Deb Polacek "The Healing Power Of Experiential Theory" – (Breakout) Judie Warren & Barbara Frohn |
| March 7, 2020 | "Online Therapy: The Essential Elements" – Shelly Smith |
| March 19, 2020 | "Online supervision: What you should know" – Rachel McCrickard |
| April 30, 2020 | "Transitioning to Telehealth: Setting Your Practice Up for Long Term Success" – Sam Chlebowski of Brighter Vision |
| April 30, 2020 | "Building Connections for Strategic Governance: A Collaborative Networking Approach" – Rebecca Cobb & Tess Wiggins Goodfellow |
| April 30, 2020 | "Preparing for Leadership Roles on Regulatory Boards" – Richard Long & Steve Livingston |
| May 1, 2020 | "The Accidental Leader" – Christie Eppler |
| May 1, 2020 | "The Culturally Conscious Leader: – Christie Eppler & Jeanette Rodriguez |
| May 2, 2020 | "The Feminization of Leadership? Opportunities for Women in Leadership in 2017" – Linda Schwallie |
| May 2, 2020 | "From Therapist to Association Leader: An Isomorphic Process?" – Silvia Kaminsky |
| July 11, 2020 & July 12, 2020 | 2020 WAMFT July Ethics Webinar "Exploring Experiences of Diversity and Multiculturalism in the Therapeutic Process: Clinical and Ethical Considerations" – Jennifer Torres |
| September 18, 2020 & September 19, 2020 | 2020 WAMFT September Virtual Conference "Emotional and Binge Eating, Chronic Dieting, and Shame: What Clinicians Need Know" – (Keynote) Judith Matz "State to Trait, Mindfulness and Self-Care" – Sheri Austin (Workshop) "Food Fight: Eating Disorders and Adolescents" – Hilmar Wagner (Breakout) "Nurturing a Positive Relationship with Food in Families to Support Eating Disorder Prevention and Recovery" – Becky Schmechel & Jessica Herrmann (Breakout) "Facilitating Family Involvement in Eating Disorder Recovery" – Brenda Velissaris & Emily O'Connor (Breakout) |

"Building Stress Resilience" – Dr. Donna Rifken (Workshop)

October 19, 2020 - WI-AIMH Virtual Conference
 October 21, 2020 "Every Child: Holding Stories of Inequity from a Compassionate Lens" – (Keynote) Barbara Stroud

"Strengths of Black Families in Foster Care" – Jacquelyn Hunt
 "The Gifts and Burdens of Being Fully Present and Bearing Witness" – Carol Noddings Eichinger (Breakout)

"'Lived Experience Leadership: Where to Begin-A Panel Discussion" – Andrea Turtenwald, Rachel Swicky, & Jane Stueber (Breakout)

"The Power of Presence: Attuning to Our Own Self-Regulation Skills in Order to Help Children" – Sarah Peters (Breakout)

"How to Effectively Help Black Families to Center in Infant Mental Health Work" – Kisha Shanks (Breakout)

"Rebuilding Trust Between Black Moms and Health Care Systems" – Jasmine Zapata (Breakout)

"State-Level Efforts to Support Young Children, Families, Professionals, and Communities to Heal and Thrive as Our State Recovers from COVID-19" – Carrie Finkbiner & Kim Eithun (Breakout)

"Overcome: What it Took for Me and What it Takes for Us" – Charisse Johnson (Breakout)

October 23, 2020 2020 WI-AASECT Virtual Conference
 "Use of Telemedicine & Evaluating Strategies to Bridge the Gap in Medical & Psychotherapy Care of Sexual Health Issues" – Dr. Hajira Yasmin (Breakout)

"Sexual Health Over the Lifespan for Therapists & Educators" – Martha Kauppi & Ellen Barnard (Breakout)

"Treating' Low Desire/Frequency by Promoting Optimal Erotic Intimacy" - Dr. Peggy Kleinplatz (Breakout)

"Ethical Considerations in Working with Out of Control Digital and Sexual Behaviors: Centering Treatment on Health" – Dr. Markie Twist (Breakout)

November 12, 2020 - 2020 AAMFT Virtual Conference
 November 13, 2020 "The State of Systemic Family Therapy and the World" – (Keynote) AAMFT Leadership Panel

"MFT's for Systemic Change: A Call to Action" – Shacoya Graham (Breakout)

"Beyond Borders: Reunifying Families in Family Therapy" – Ashley Landers, Jessica Simpson, Noah Gagner, Brittany Robinson (Breakout)

"Creating New Pathways for Social Justice from the Experiences of Couple/Marriage and Family Therapists of Color" – Kara Erolin & Elizabeth Wieling (Breakout)

"A Common Struggle: A Personal Journey through the Past and Future of Mental Illness and Addiction" – (Keynote) Patrick Kennedy

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| | <p>"Racial Socialization in Black Families and Clinical Implications" – Leslie Anderson, Margaret Caughy, & Margaret Owen (Breakout)</p> <p>"Common Factors of Couple Recovery from Problematic Pornography Use" – Travis Spencer, Alex Theobald, & Ryan Seedall (Breakout)</p> <p>"Helping Family Therapists work Ethically with LGBTQ Clients" – Ashley Walsdorf, Hoa Nguyen, Christi McGeorge, Katelyn Coburn, & Kristen Benson (Breakout)</p> |
| December 14, 2020 | "Utilizing Tele-mental Health to Conduct Effective Clinical Practice" – Dr. Blake Berryhill |
| March 27, 2021 | "Supporting Transgender Clients Navigate Transition Processes" – Dr. Alex Iantaffi |
| April 24, 2021 | "Ethical Thinking and Telehealth" – Lindsey Marsh |
| July 24 & 31, 2021 | "The Historical System of Psychotherapy" – Lindsey Marsh |
| September 17-19, 2021 | <p>WAMFT September Virtual Conference</p> <p>"The importance of, and guidelines for Discussing Intersectionality between the Therapist/Client Identities in the Therapy Room. Leveraging Two Models" – Ronald Asiimwe & Caitlin Phoebe Edwards (Keynote)</p> <p>"Family Matters" – Jacquelyn Hunt</p> <p>"Console Your Soul" – Dr. Omar Reda</p> <p>"Relationship Rebalancing: A New Framework for Relational Repair and its Application to Ecotherapy" – Lauren Kahn</p> <p>"Unleash Your Inner Magic: Love Letters to Your Emotions" – Pavita Singh</p> <p>"Minority Stress in the LGBTQ+ Population: Implications for Providers" – April Bandy-Taylor</p> <p>"Balancing Two Worlds in America – Life Through a Hmong Lens" – Long Vue</p> <p>"Examining Power in Supervision: The Importance of Recognizing Systemic Imbalances" – Tracy Oliver</p> <p>"Journaling as Self Care" – Julia Nusbaum</p> |
| November 10-12, 2021 | <p>2021 AAMFT Virtual Conference</p> <p>"Kink-Affirming Family Therapy Practices" – Queer and Trans Advocacy Network Leadership</p> <p>"Sex Therapy Beyond the Binary: Trans Erotic Embodiment" – Queer and Trans Advocacy Network Leadership</p> <p>"What Does it Take? Opportunities for Systemic Work in Schools" – Family Therapists in Schools Leadership</p> <p>"Therapist to Consultant: Exciting New Career Paths for the MFT"</p> <p>"Liminal Space Exercise"</p> |

"Neurobiology and Treatment of Relationships"

"Helping Couples Overcome Infidelity"

"The Influence of Trauma on LGBTQ Identity Development"

"Shining a Light on Student Loan Forgiveness" – AAMFT
Advocacy Leadership

"You've Come a Long Way, Baby: The Evolution of MFTs in
Schools" – Family Therapists in Schools Leadership

"Local Work, Global Impact: MFTs and the COVID-19
Pandemic" – Panel

February 26, 2022

"Increasing Your Clinical Ability to Better Meet the Needs of
Families Engaged in the Child Welfare System" – Dr. Asha
Sutton

Community Involvement

From May 2012 to August 2019, Anderson Automotive has sponsored youth softball teams in the summer as well as attending all the games, cheering on our players, and providing homemade snacks

Volunteerism

July 2014 - August

WAMFT Conference Committee Member: help organize the 2017 volunteers, work with our keynote speaker, aid in planning presenters and what AV needs they might have, and coordinating information with other committee and board members

August 2017 - April
2018

WAMFT Interim Conference Chair: organize conferences, sponsors, advertisers, and tasks for committee members

April 2018 - present

WAMFT Geographic Interest Network Educational Subcommittee Chair: organize conferences, webinars, sponsors, advertisers, relationships between other organizations, website design, documentation for speakers, hotels, etc.

October 2019 -
present

WAMFT Alternate on the Wisconsin Council on Mental Health Legislative & Policy Committee

January 1, 2020

WAMFT Geographic Interest Network Chair-Elect: Contact between Leadership Team and Educational Subcommittee, submits what subcommittee members have decided to do to Leadership for final approval. Alternate for the Wisconsin Council on Mental Health Meeting of the Legislative and Policy Committee. Assist Chair in executing tasks for WAMFT. Assist Subcommittee in working within an annual budget that is provided and approved by the WAMFT Leadership Committee. Respond to emails from membership. Write articles for the newsletter on the subcommittee members and openings within the subcommittee. Attend GIN meetings and monthly Educational Subcommittee meetings. Create GIN and all subcommittee (networking, educational, and advocacy) meetings as events on the website, create online meeting rooms, and email reminders to these events. Create agendas for GIN and Educational Subcommittee meetings.

April 2020 - present

Stakeholder for the Advisory Committee for the Wisconsin Quality Treatment Trainee (QTT) program grants which is an oversight committee for the Division of Care and Treatment, Department of Health Services and managed by the Center for Inclusive Transition, Education and Employment (CITEE) at the University of Wisconsin-Whitewater

January 1, 2021 WAMFT Geographic Interest Network Chair: Contact between Leadership Team and Advocacy Subcommittee, submits what subcommittee members have decided to do to Leadership for final approval. Representative for the Wisconsin Council on Mental Health Meeting of the Legislative and Policy Committee. Carry out the tasks for maintaining and executing the goals and objectives set forth on an annual basis for WAMFT. Respond to emails from membership. Assist Subcommittee in working within an annual budget that is provided and approved by the WAMFT Leadership Committee. Write articles for the newsletter on the subcommittee members and openings within the subcommittee. Works with treasurer on CEU authorizations and budget items.

Memberships

November 26, 2014 - present AAMFT Pre-Clinical Fellow

November 26, 2014 - 2021 WAMFT Pre-Clinical Fellow

March 19, 2018 - present APT Affiliate Member

September 11, 2018 - present AASECT Student Member

December 1, 2021 - present WAMFT Professional Member

Publications & Workshops

December 2013 WAMFT Newsletter – “A Glance at How Ethics are Guiding One of Wisconsin’s Therapist’s in Training”

September 2014 WAMFT Newsletter – “Gaining Knowledge -- and Experience Beyond the Classroom”

April 19, 2015 – WAMFT Spring Conference – “Expressive Therapy Techniques to Help Individuals with Intellectual Disabilities Form Healthy Relationships”

October 19, 2019 – 2019 WAMFT October Conference – “Integrating Narrative Family Therapy with Geek Therapy for Child, Adolescent, and Young Adult Issues”

September/October 2020 – Family Therapy Magazine – “Inner Demons & Warriors: Integrating Geek Therapy and Narrative Family Therapy”

March 31, 2021 – Concerning Therapists (podcast): Erika and CJ | Listen Notes “Ep.3 – Geek Therapy with Amanda Anderson LMFT”
<https://www.listennotes.com/podcasts/concerning-therapists-erika-and-cj-hk3P5AKITED/>